Hallux Limitus & Hallux Rigidus Relief

Restore motion. Reduce pain. Walk with confidence.

Hallux limitus and rigidus make the big-toe joint stiff and painful, especially during push-off. Early support helps slow progression and keep you moving.

⭐ What's Happening?

🦶 **Stiff big-toe motion**

⚡ **Pain or jamming during walking**

🦴 **Arthritis or past injury**

👟 **Footwear or mechanics contributing to joint stress**

⭐ Why Carbon Fiber Orthotics Help

Maximum stability. Less bending. Less pain.

🔒 **Limits painful toe motion**

⚡ **Reduces pressure on the first MTP joint**

🚶 **Improves gait efficiency with a rigid forefoot lever**

🛡️ **Slows progression by reducing irritation**

🪶 **Thin + lightweight — fits most shoes**

⭐ Other Helpful Supports

🥿 **Rocker-sole footwear**

🦶 **Wide toe boxes**

📏 **Stable midsoles**

Get Relief From Big Toe Joint Pain

Early treatment makes a big difference. Schedule your assessment and take the first step toward better mobility.

Michael L. Ashley Certified Pedorthist

Call/Text 214-702-8812

www.foot-fitexpert.com