



Community Wellness Partnerships

Healthy movement starts with healthy feet — and healthy communities start with both.

Southwest Dallas thrives when people can move comfortably, confidently, and without pain. I partner with local organizations to bring practical foot-health support directly into the community — making active living easier for every age and ability.

Who We Support

Walking & Movement Groups

Helping neighborhood walking teams, church ministries, and fitness meetups stay strong with: • Smart footwear guidance • Tips to prevent

common foot pain • Support for new-walker programs and community challenges

Senior & Active Aging Programs

Empowering older adults through: • Comfort-focused footwear and orthotic recommendations • Balance and fall-prevention strategies • Solutions for arthritis, neuropathy, and chronic foot discomfort

Community Health & Outreach Organizations

Strengthening local wellness efforts with: • Foot-health education tailored to community needs • Event support for health fairs and outreach days • Collaboration on low-cost, high-impact foot-care initiatives

Why It Matters

When people move comfortably, they participate more, connect more, and live healthier lives. These partnerships help reduce avoidable pain, improve mobility, and support a more active, confident Southwest Dallas.

Let's Partner

If your organization serves the community, let's collaborate. Together, we can build programs that help neighbors move better, feel better, and stay engaged.